

NIPMUC YOUTH FOOTBALL AND CHEERLEADING, INC.

PO Box 95, Mendon, Massachusetts 01756
nipmucyouthfootball.com

Required Forms and Documentation

Required by First Practice

- **Waiver and Release of Liability:** this document provides us with the legal considerations required to permit each Participant to be actively involved in our youth football and cheering program.
- **Medical Consent Form:** this one-page document provides us with the professional medical consent required before allowing participation in the program. **This form can be substituted on any standard form from your doctor's office.** It must be **dated during the current calendar year** and give consent that the Participant is physically fit and able to engage in either football or cheering. If the child's yearly physical is scheduled after the first day of practice, we still require a signed, dated doctor's consent notice before the Participant can be allowed to engage in any physical activity.
- **Birth Certificate:** it is required that all participants present an original record of their birth or a **certified copy** or a **notarized** photocopy of that original record of birth. These documents can be a Certificate from the State, County or City Bureau of Vital Statistics, Department of Health, and the Dept. of Motor Vehicles, School Certificates or Record of Notification of Birth Registration by the Bureau of Census of the U.S. Department of Commerce. Passports are also acceptable. **NO HOSPITAL CERTIFICATES WILL BE ACCEPTED. NOTE: If NYFC has a certified birth certificate from a previous year, you will not have to submit another one. You must confirm this with the Team Manager**
- **Latest Report Card:** The latest report card (final term of 2009-2010) is required to verify the participants grade in school and scholastic eligibility. This should be the report card received from the school. It will be returned upon certification. All players and cheerleaders must be receiving passing grades in school to be eligible to participate. If verifications of grades are necessary, only a school administrator (principal or counselor) will make the final ruling regarding scholastic eligibility.
- **Parent Code of Conduct:** Signed by parents.

The above forms and documents are required at the first practice. Any information missing at this time may be cause for that Participant to sit-out all until the documents are collected and certified as required. Other consent or code-of-conduct forms or contracts may be required to be submitted and signed by the Parents and Participants, as deemed necessary by the Nipmuc Youth Football and Cheerleading, Inc. We will make every effort to communicate the document submission timelines and requirements and as always, feel free to ask, call or email your questions or concerns.

If you have any problems, please contact us.

Thank You.

Nipmuc Youth Football and Cheerleading



NIPMUC YOUTH FOOTBALL AND CHEERLEADING, INC
American Youth Football



Waiver and Release of Liability – Minor

READ BEFORE SIGNING

IN CONSIDERATION OF _____, my child/ward, myself, being allowed to participate in any way in American Youth Football, Inc.(AYF) or American Youth Cheer dba, Regional/National Championships, Nipmuc Youth Football and Cheerleading, Inc. (NYF), athletic sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

- 1) The risk of injury to my child/ward, myself, from the activities involved in these programs is significant, including the potential for permanent disability, paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
- 2) FOR MYSELF, SPOUSE, AND CHILD/WARD, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for child/ward, my own, participation; and,
- 3) I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant concern in my child/wards', my own, readiness or, hazard during my presence or participation, and/or in the program itself, I will remove myself, child/ward, from participation and bring such to the attention of the nearest official immediately; and,
- 4) I, for myself, my spouse, my child/ward, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS American Youth Football, Inc.(AYF), American Youth Cheer dba, Nipmuc Youth Football and Cheerleading, Inc (NYF), their officers, directors, officials, volunteers, agents, and/or employees, other participants, sponsoring agencies, tournament host, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event (RELEASEES), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, incident to my child/wards', my own involvement or participation in these programs, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, TO THE FULLEST EXTENT PERMITTED BY LAW.
- 5) I, for myself, my spouse, my child/ward, and on behalf of my/our heirs, assigns, personal representatives and next of kin, HEREBY INDEMNIFY AND HOLD HARMLESS all the above Releasees from any and all liabilities incident to my child/ward's involvement or participation in these programs, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Print Name of Parent/Guardian:

Parent/Guardian Signature:

Date Signed:

UNDERSTANDING OF RISK

I understand the seriousness of the risks involved in participating in this program, my personal responsibilities for adhering to rules and regulation, and accept them as a participant.

Print Participant s Name:

Participant s Signature:

Date Signed:

This signed waiver/release should be kept on file for at least 7 years or possibly longer if the player has been involved in a serious injury.

NIPMUC YOUTH FOOTBALL AND CHEERLEADING, INC.

Mendon/Upton, Massachusetts

Medical Consent for Football and Cheerleading

Participant, _____, is physically fit and can fully participate in
(check one) [] Tackle Football or [] Cheering/Dance.

Physician's Name (Please Print)

Signature:

Date: ____/____/ 2010 (must be after 01/01/2010)

Please provide Doctor's Office Address below:

Nipmuc Youth Football and Cheerleading (NYFC) consider the physical and emotional well being of each Participant to be of the utmost importance. To avoid further or more serious harm to the Participant, should an in-season issue arise, it will be the responsibility of the Parent or Legal Guardian to, both, notify NYFC, and obtain additional consent for the Participant to resume participation in any/all further activities.

Central Mass Youth Football & Cheer Conference SPORT PARENT CODE OF CONDUCT

On September 23, 2000 more than 30 heads of Massachusetts' chapters of national sports and medical associations, educational organizations, and professional associations met at Children's Hospital in Boston to participate in a consensus meeting to develop a sport parent code of conduct for the state. The meeting was convened by the Massachusetts Governor's Committee on Physical Fitness and Sports and the National Youth Sports Safety Foundation, Inc.

PREAMBLE

The essential elements of character building and ethics in sports are embodied in the concept of sportsmanship and 6 core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character."¹

I/We therefore agree:

1. I/We not force my child to participate in sports. 2,9
2. I/We remember that children participate to have fun and that the game is for youth, not adults. 6,9
3. I/We inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of other. 9
4. I/We learn the rules of the game and the policies of the league. 7,3
5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event. 10
6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures. 3,6,7,8
7. I/We not encourage any behaviors or practices that would endanger the health and well being of the athletes.
8. I/We teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence. 6,2
9. I/We demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability. 6,9
10. I/We teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance. 2
11. I/We praise my child for competing fairly and trying hard, and make my child feel like a winner every time. 2
12. I/We never ridicule or yell at my child or other participants for making a mistake or losing a competition. 2,5
13. I/We emphasize skill development and practices and how they benefit my child over winning. I/We also de-emphasize games and competition in the lower age groups. 10
14. I/We promote the emotional and physical well being of the athletes ahead of any personal desire I may have for my child to win. 9
15. I/We respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place. 4,7
16. I/We demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I/We refrain from their use at all sports events. 6
17. I/We refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.4
18. I also agree that if I fail to abide by the aforementioned rules and guidelines, I/We be subject to disciplinary action that could include, but is not limited to the following: 9

*Verbal warning by official, head coach, and/or head of league organization

*Written warning

*Parental game suspension with written documentation of incident kept on file by organizations involved

*Parental season suspension

2005 CMYFCC By-Law Addition Regarding Adult Behavior:

1. At any AYF Event, practice or competition, any adult who: a) verbally abuses; b) attempts to intimidate; c) is flagrantly rude, or d) cannot control their language or actions with an official, coach, or AYF volunteer may be asked to leave the AYF event. He/she will receive a written warning regarding their behavior. His/her child(ren) may be immediately removed from the AYF event.
2. Any adult that commits a second similar offense may be banned from AYF events for the remainder of the season and their child(ren) may be removed from AYF for the remainder of the season. The Association will refund registration monies pro-rated based on the percentage of the season remaining.
3. Any adult who physically assaults an official, coach, or AYF volunteer will be banned from AYF and their child(ren) may be removed from the AYF program indefinitely, with possible reinstatement pending a formal review and/or hearing. The child(ren) may not participate in another AYF Association during the sanction period. The child may only continue after a formal review and/or hearing and notification approval of CMYFCC, Inc. If the adult commits a second offense, he/she will be permanently banned from AYF and the child(ren) may be permanently removed from AYF. (The term physical assault includes, but is not limited to, hitting, slapping, pushing, spitting, kicking or striking in any way with any part of the body or any physical implement).

PARENT/GUARDIAN SIGNATURE: _____ DATE SIGNED: _____

PARENT/GUARDIAN SIGNATURE: _____ DATE SIGNED: _____

REFERENCES:

The Sport Parent Code of Conduct has been compiled from the following national organizations and local youth sports league Parent Codes of Conduct:

1. Arizona Sports Summit Accord 6. National Alliance for Youth Sports
2. Character Counts 7. National High School Athletic Coaches Association
3. Heartland Soccer Club 8. Pop Warner
4. Kidsports 9. Rosemont Area Athletic Association
5. Mt. Laurel Soccer Club 10. USA Hockey

Additional recommended resources for conduct and sportsmanship for coaches and athletes include: Arizona Sport Summit Accord, United States Olympic Committee (USOC) Coaches Code of Ethics, and the Character Counts Coalition.